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TRAVEL

## 9 of the Best Spas in the U.S. That Should Be Your Next Vacation

From all-inclusive desert retreats to big-city oases, these spas could stand-alone as a reason to never leave the complex

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Whether they're a semi-annual splurge or a monthly, "me-time" treat, spa days are a surefire way to relax both the mind and body in times of stress, or during cold winter months like these. We've scoured the country for the most tranquil, luxuriant, and indulgent spa treatments and facilities, sure provide that much-needed winter pick-me-up. Ranging from seven-day, all-inclusive desert retreats to big-city oases ideal for a quick facial or manicure, *AD* rounds up the top nine spas in the U.S. that are so relaxing, they should be considered for your next vacation.



Photo: Courtesy of Lake Austin Spa Resort



## 9/9 **Lake Austin Spa Resort, Texas**

Drawing upon ancient and modern therapeutic techniques, Lake Austin's 100+ spa treatments can be performed in traditional suites, as well as in treatment cabanas or the treatment porch. Those enjoying a day at the spa also have access to a number of luxuriant amenities, most notably an Olympic-length heated lap pool and a private outdoor garden suite with hot tub.